

WHO WOULD BENEFIT

Anyone interested in personal growth and learning how to handle other people more creatively. Particularly those already working with people: psychologists, physiotherapists, human resource personnel, public relations personnel, homeopaths, chiropractors, team managers, life coaches, facilitators and consultants.

Maximum 14 delegates per workshop will be accepted. If you wish to ultimately qualify as a Postural Integration Practitioner, you must attend all 7 workshops and a further intensive two year training with a 3rd year under supervision.

- TIME:** 8h30 for 9h00 to 17h00
- VENUE:** Stillpoint Country Haven, 244 Cladon Ave, Chartwell Estates, Jhb.
- PARKING:** Secure parking available at the venue
- COST:** R1800 per two-day workshop
- INCLUDES:** Arrival refreshments, mid morning teas, lunch, mid afternoon teas, manual

Testimonials:

“I have been doing personal development work for over twenty years before I found PI. In the second session, Bev accessed a very painful and traumatic memory stored in my body. I was convinced that I had worked through the incident, yet something profoundly emotional was still lurking in my body. I am convinced that what I do as a psychologist and coach is not enough. In order to really process unfinished business you need to incorporate body work to access more deeply buried trauma that still influence your being in the world.”

Retha Els **Psychologist** De Nova Consulting 082 852 3231

“Congrats to you Beverley on an excellent workshop. Postural integration is truly a mind-body therapy of the future. It is not enough to merely understand the concepts presented, one must experience bodywork to appreciate its far reaching effects, and this certainly occurs in these workshops. Your workshops offer a much needed insight into how our bodies and minds are intimately connected and how our inner psychology affects our posture, movements and even our body shape.”

Dr Mike Anderson **Chiropractor** 011 453 8646

“I attended the Postural Integration Workshops run by Beverly Wilkinson during 2011. The work and learning I received on the 6 body types relating to the mental, emotional and physical bodies is a tremendous help as an integral coach. It supports and integrates with the way in which I work with my clients. I highly recommend that coaches attend these workshops to build a deeper understanding of how our bodies reflect the experiences and messages that a human being internalises from conception to six years of age.”

Bronwyn Allan **Certified Integral Coach** 011 447 6764

“Coaching is a somatic experience. I greatly recommend this exceptional experiential workshop facilitated by Bev, specially If you need to develop your somatic awareness and learn the needs of different body types.”

Alain Willem **Talent Coach** 011 788 6141

Accommodation:
(only if required)

Book directly with Stillpoint:
res@ebhotels.co.za
or 086 111 5162

FURTHER INFORMATION

If you would like to know more about how this unique and powerful style of bodywork can transform you, please contact:

Beverly Wilkinson on **011 673 5217**, or bgw@mweb.co.za
or visit www.icpit.info and www.posturalintegration.co.za

Please pass this on to people who you think would also be interested.